

Sports Medicine Staff



Kathryn Cleek, MS, ATC

Head Certified Athletic Trainer

Kathryn Cleek completed her Bachelors of Science degree in Athletic Training at Indiana State University. After completing the Athletic Training Education Program at ISU in May of 2016, she earned her certification from the Board of Certification. In August of 2019, Kathryn earned her Masters of Science degree in Athletic Administration and Exercise Science. Kathryn began her career as the Head Certified Athletic Trainer at Portola High School in 2019. Prior to Portola, Kathryn worked for three years at Capistrano Valley High School. It was through her experiences throughout her internships in college that she discovered her passion for working as a Certified Athletic

Trainer in the high school setting.

Kathryn has also acquired a teaching credential in Career Technical Education (CTE) and teaches Medical classes for adult and high school students through College and Career Advantage. She is a CPR Instructor through American Heart Association. Kathryn is currently a preceptor and clinical instructor for Concordia University, Irvine.

Sports Medicine Staff

1. [Dr. Nimish R. Kadakia, M.D.](#)
 - Sports Medicine and Orthopedic Surgery Specialist
 - South County Orthopedic Specialist
2. [Dr. David W. Kruse, M.D.](#)
 - Sports Medicine and Concussion Specialist
3. [Dr. Gabriel Carpio-Bracho, M.D.](#)
 - Sports Medicine and Family Medicine Specialists
 - Hoag Orthopedic Institute
4. [Chris Phillips, ATC, CSCS](#)
 - Certified Athletic Trainer and Strength and Conditioning Specialist
 - Compete Sports Performance & Rehab
5. Kathryn Cleek, MS, ATC
 - Certified Athletic Trainer
 - Portola High School

University Internship Affiliations

Portola High School is honored with the opportunity to have interns from different universities come work with the Certified Athletic Trainer. It is a unique experience for the student-athletes, as well as the college interns who seek further experience in the field of Sports Medicine.

During each fall and spring semesters the Athletic Training Program of Concordia University, Irvine provides interns to assist with on-field acute injury evaluations, and functional rehabilitation for those nursing chronic and overuse injuries. They help the Certified Athletic Trainer oversee many of the sports programs Portola has to offer its students.