



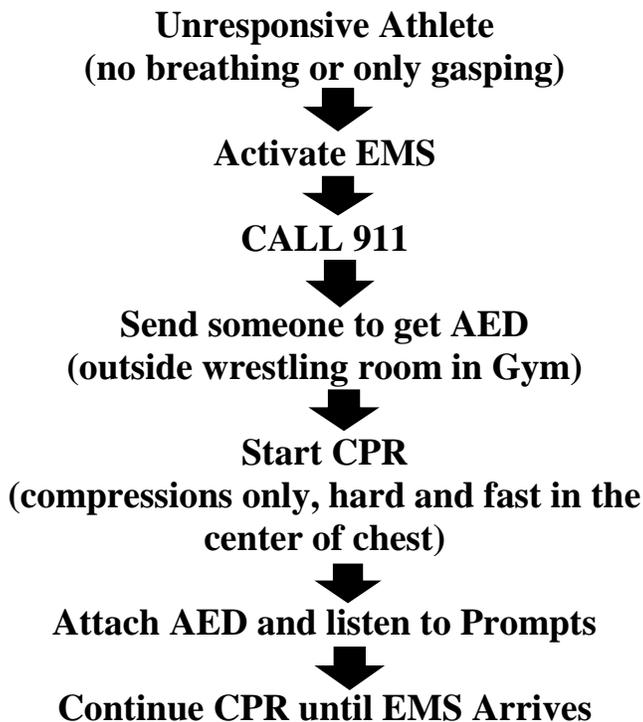
Portola High School
Department of Athletics
Emergency Activation Card
Gymnasium



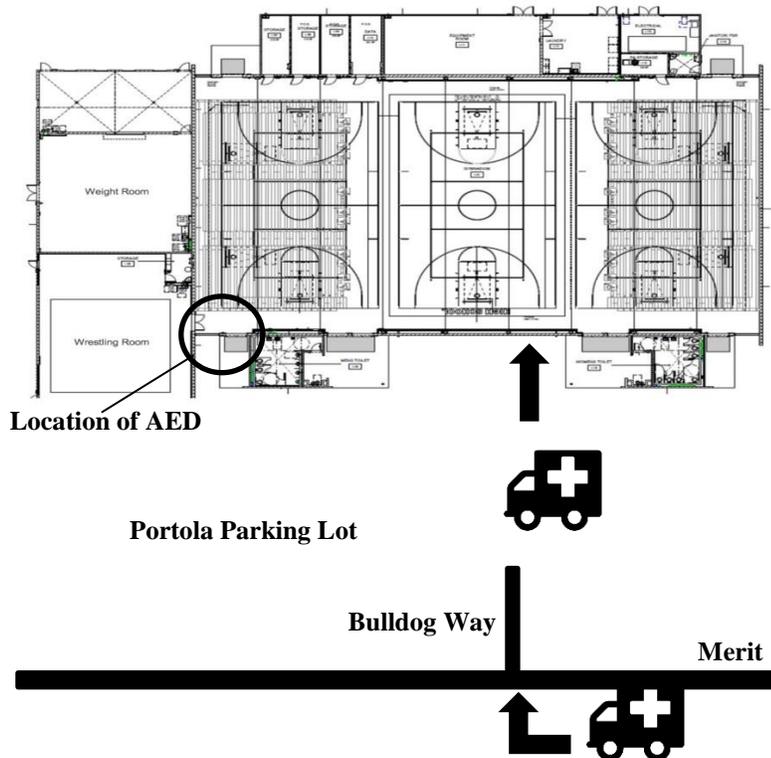
A medical emergency is defined as a situation that warrants immediate medical attention, including but not limited to choking, loss of consciousness, loss of breathing, loss of pulse. In an emergency, perform the following steps:

1. Evaluate the injury situation.
2. Call/Find Kathryn Cleek ATC, or Athletic Trainer on duty. If there is no athletic trainer available and a medical emergency exists, activate EMS by calling **911**.
3. If Emergency Medical System (EMS) must be activated:
 - A. One individual will remain with injured person (provide care appropriate to level of training) until the EMS personnel arrive.
 - B. Another individual should give the **911** operator the following information:
 - "This is (*name*) at Portola High School at 1001 Cadence, Irvine and there has been an accident at Portola High School's gym and **give general extent of the injury + first aid treatment provided**. Turn South on Merit from Irvine Blvd. and turn right into the first parking lot on Bulldog Drive. You will enter campus via parking lot in front of the gym where someone will meet you and take you to the injury site." Allow the 911 operator to hang up first.
 - C. Tell Coach to give the injured athletes Emergency Card to EMS.
 - D. Contact certified athletic trainer(s) and/or administrator
 - Kathryn Cleek- Athletic Trainer 1 (812)827-9699 (C) 1 (949) 936-8299 (O)
 - Dr. Katie Levensailor- Athletic Director 1(949) 936-8207(O)
 - CCA: Kathy (949) 292-2725; George (949) 943-7349

CPR



MAP





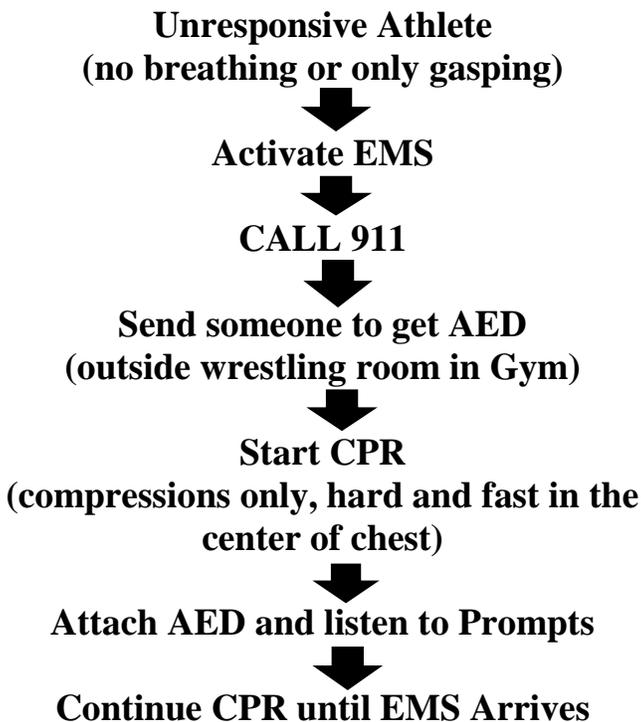
Portola High School
Department of Athletics
Emergency Activation Card
Wrestling Room



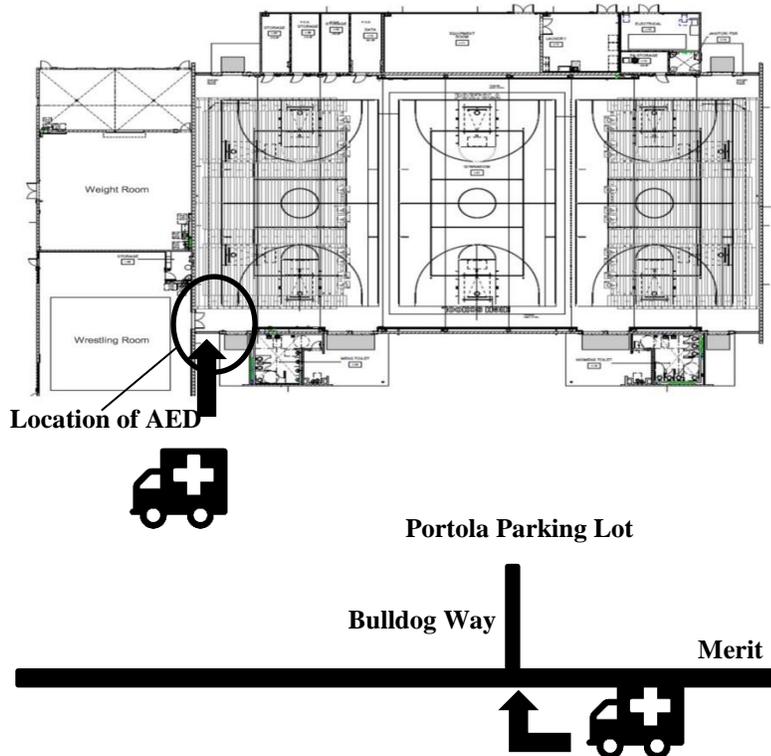
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4. Evaluate the injury situation.
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6. If Emergency Medical System (EMS) must be activated:
 - E. One individual will remain with injured person (provide care appropriate to level of training) until the EMS personnel arrive.
 - F. Another individual should give the **911** operator the following information:
 - "This is (*name*) at Portola High School at 1001 Cadence, Irvine and there has been an accident at Portola High School's Wrestling Room and **give general extent of the injury + first aid treatment provided**. Turn South on Merit from Irvine Blvd. and turn right into the first parking lot on Bulldog Drive. You will enter campus via parking lot in front of the gym where someone will meet you and take you to the injury site." Allow the 911 operator to hang up first.
 - G. Tell Coach to give the injured athletes Emergency Card to EMS.
 - H. Contact certified athletic trainer(s) and/or administrator
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Portola High School
Department of Athletics
Emergency Activation Card
Stadium

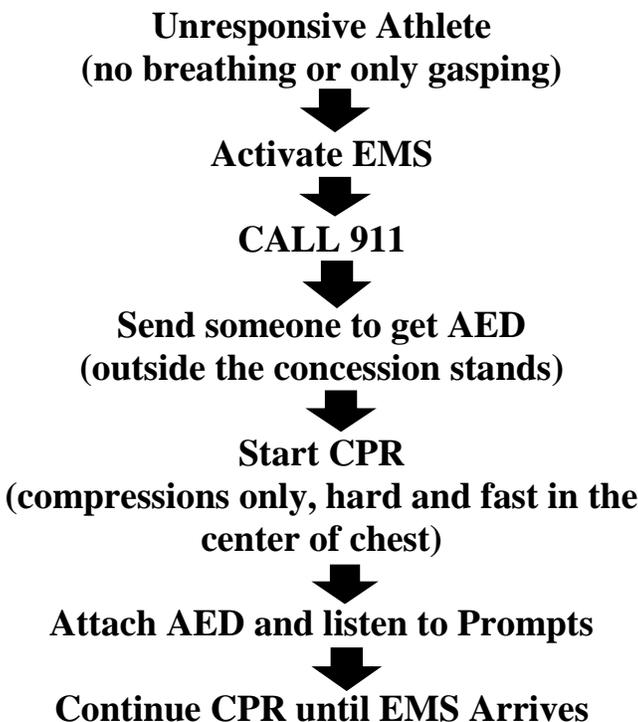


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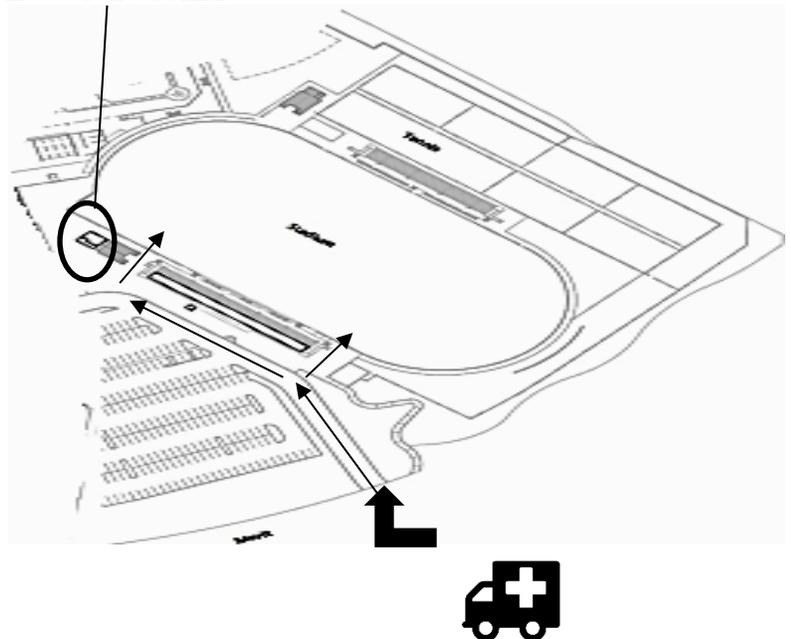
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3. If Emergency Medical System (EMS) must be activated:
 - A. One individual will remain with injured person (provide care appropriate to level of training) until the EMS personnel arrive.
 - B. Another individual should give the **911** operator the following information:
 - "This is (name) at Portola High School at 1001 Cadence, Irvine and there has been an accident at Portola High School's Stadium and **give general extent of the injury + first aid treatment provided**. Turn South onto Merit from Irvine Blvd. and turn right into the first parking lot on Bulldog Drive. You will enter campus via parking lot in front of the stadium where someone will meet you and take you to the injury site."
 - If EMS wants to drive onto the field, they will need to turn South onto Chinon Drive and turn left into the baseball lot where personnel will direct them to the stadium.
 - Allow the 911 operator to hang up first.
 - C. Tell Coach to give the injured athletes Emergency Card to EMS.
 - D. Contact certified athletic trainer(s) and/or administrator
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Location of AED





Portola High School
Department of Athletics
Emergency Activation Card



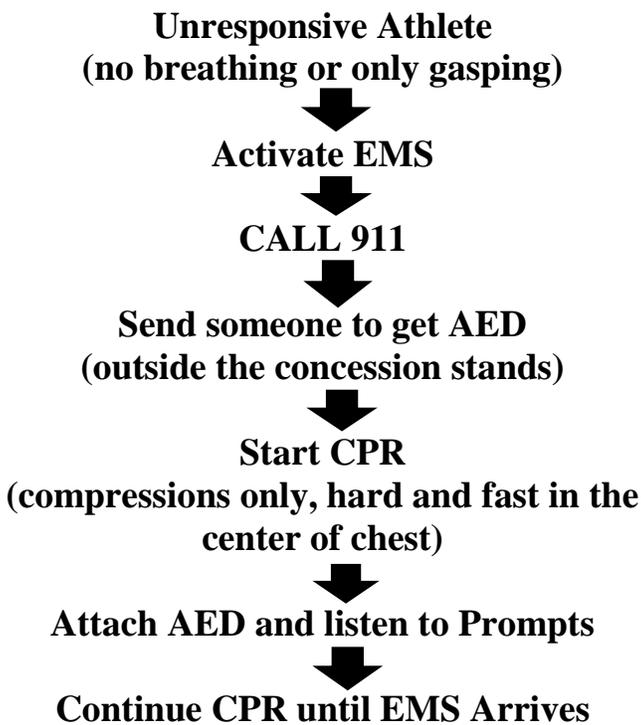
Tennis Court

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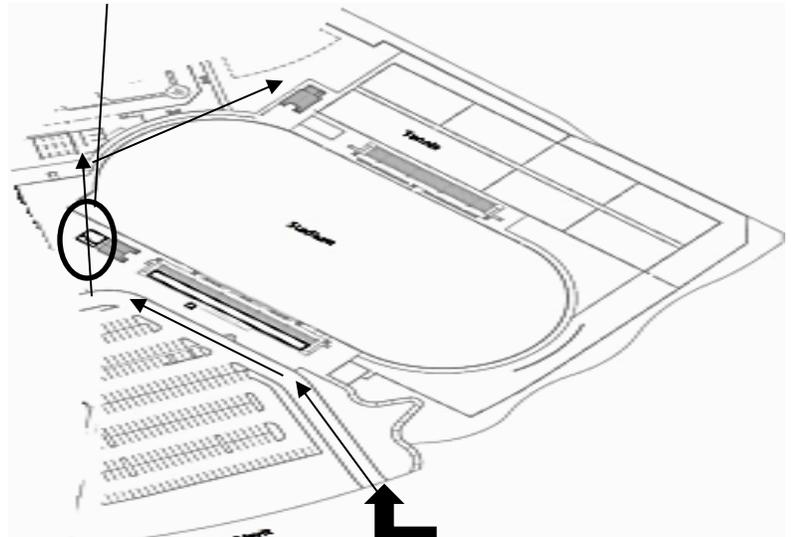
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3. If Emergency Medical System (EMS) must be activated:
 - A. One individual will remain with injured person (provide care appropriate to level of training) until the EMS personnel arrive.
 - B. Another individual should give the **911** operator the following information:
 - "This is (*name*) at Portola High School at 1001 Cadence, Irvine and there has been an accident at Portola High School's Stadium and **give general extent of the injury + first aid treatment provided**. Turn South onto Merit from Irvine Blvd. and turn right into the first parking lot on Bulldog Drive. You will enter campus via parking lot in front of the stadium where someone will meet you and take you to the injury site."
 - Allow the 911 operator to hang up first.
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Location of AED





Portola High School
Department of Athletics
Emergency Activation Card



Varsity Baseball Game and Softball Practice Fields

A medical emergency is defined as a situation that warrants immediate medical attention, including but not limited to choking, loss of consciousness, loss of breathing, loss of pulse. In an emergency, perform the following steps:

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2. Call/Find Kathryn Cleek ATC, or Athletic Trainer on duty. If there is no athletic trainer available and a medical emergency exists, activate EMS by calling **911**.
3. If Emergency Medical System (EMS) must be activated:
 - A. One individual will remain with injured person until the EMS personnel arrive.
 - B. Another individual should give the **911** operator the following information:
 - "This is (*name*) at Portola High School at 1001 Cadence, Irvine and there has been an accident at Portola High School's Softball and Baseball fields and **give general extent of the injury + first aid treatment provided**. Turn South onto Chinon from Irvine Blvd. and turn left into Baseball Lot/EMS entrance. You will enter campus via parking lot in front of the Stadium where someone will meet you and take you to the injury site." Allow the 911 operator to hang up first.
 - C. Tell Coach to give the injured athletes Emergency Card to EMS.
 - D. Contact certified athletic trainer(s) and/or administrator
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**Unresponsive Athlete
(no breathing or only gasping)**

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Activate EMS

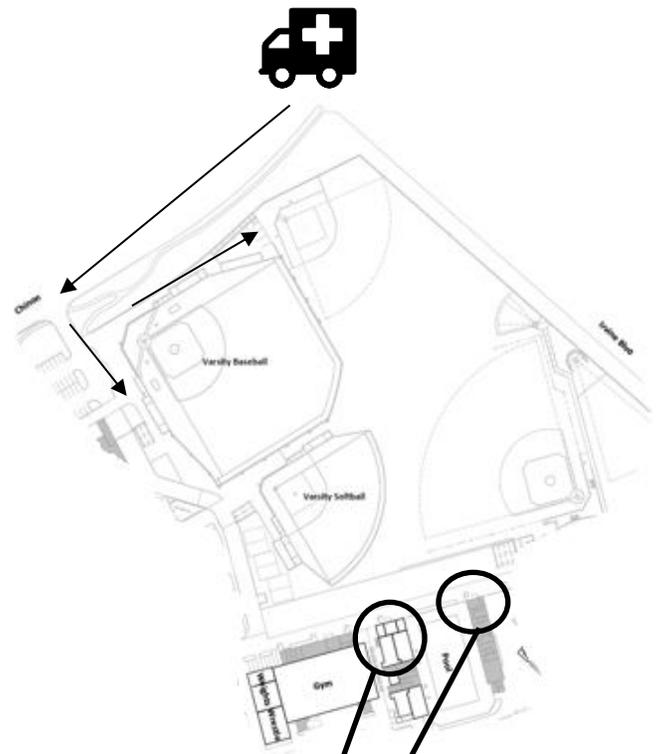
↓
CALL 911

↓
**Send someone to get AED
(On the wall outside the pool deck)**

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**Start CPR
(compressions only, hard and fast in the
center of chest)**

↓
Attach AED and listen to Prompts

↓
Continue CPR until EMS Arrives



Location of AED



Portola High School
Department of Athletics
Emergency Activation Card

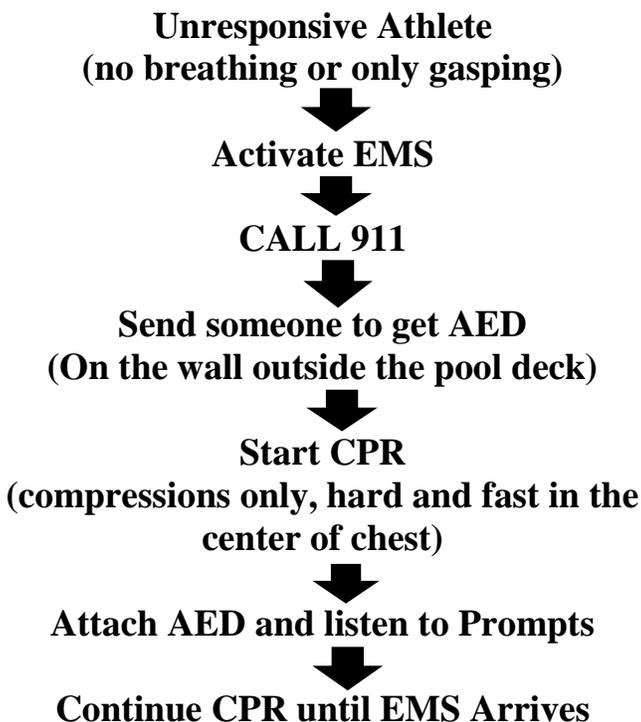


Varsity Softball Game and Baseball Practice Fields

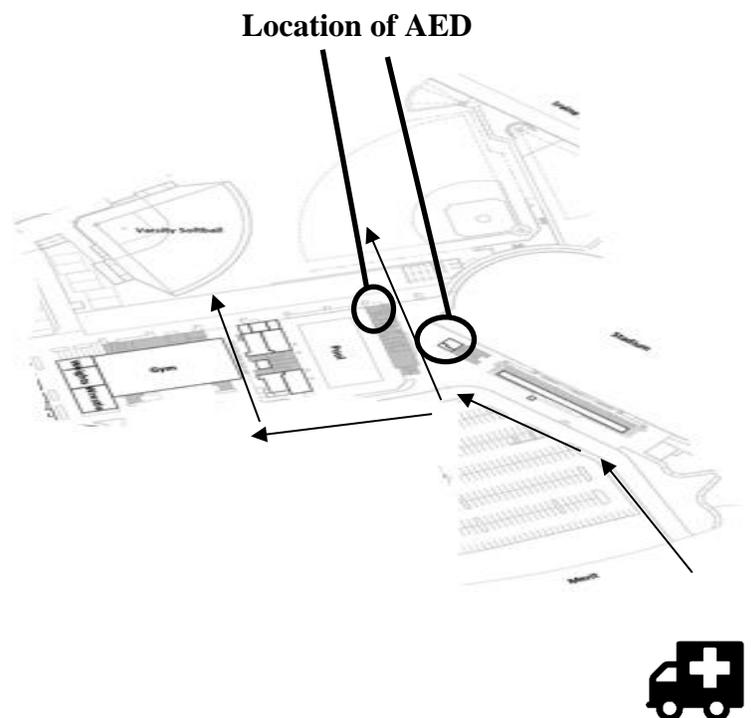
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3. If Emergency Medical System (EMS) must be activated:
 - A. One individual will remain with injured person until the EMS personnel arrive.
 - B. Another individual should give the **911** operator the following information:
 - "This is (name) at Portola High School at 1001 Cadence, Irvine and there has been an accident at Portola High School's Softball and Baseball fields and **give general extent of the injury + first aid treatment provided**. Turn South onto Chinon from Irvine Blvd. and turn left into EMS entrance. You will enter campus via parking lot in front of the stadium where someone will meet you and take you to the injury site."
 - If EMS wants to drive onto the field, they will need to turn South onto Chinon Drive and turn left into the baseball lot where personnel will direct them to the stadium.
 - Allow the 911 operator to hang up first.
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Portola High School
Department of Athletics
Emergency Activation Card



Pool

A medical emergency is defined as a situation that warrants immediate medical attention, including but not limited to choking, loss of consciousness, loss of breathing, loss of pulse. In an emergency, perform the following steps:

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3. If Emergency Medical System (EMS) must be activated:
 - A. One individual will remain with injured person until the EMS personnel arrive.
 - B. Another individual should give the **911** operator the following information:
 - "This is (name) at Portola High School at 1001 Cadence, Irvine and there has been an accident at Portola High School's Softball and Baseball fields and **give general extent of the injury + first aid treatment provided**. Turn South onto Chinon from Irvine Blvd. and turn left into EMS entrance. You will enter campus via parking lot in front entrance to the pool where someone will meet you and take you to the injury site."
 - Allow the 911 operator to hang up first.
 - C. Tell Coach to give the injured athletes Emergency Card to EMS.
 - D. Contact certified athletic trainer(s) and/or administrator
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