Orange County Wrestling Association: Covers all of southern California including all Orange County cities and surrounding cities.

More information please contact:

Christian Holiday: choliday@academyofwrestling.com or 323-854-1313 Dave Carrizosa: dcarrizosa@fjuhsd.org or 714-863-2071





Follow OCWA Wrestling www.OCWAwrestling.com



March 16th, 2019

Villa Park High School 18042 Taft Ave. Villa Park, CA 92861

March 23rd, 2019

Sonora High School 401 S. Palm Street La Habra, CA 90631

March 30th, 2019

El Toro High School 25255 Toledo Way Lake **Forest, CA 92630**

April 6th, 2019

Laguna Hills High School 25401 Paseo de Valencia Laguna Hills, CA 92653

April 20th, 2019

Sonora High School 401 S. Palm Street La Habra, CA 90631

April 27th, 2019

Capo Valley High School 26301 Via Escolar Mission Viejo, CA 92692

May 4th, 2019

Valencia High School 500 Bradford Ave Placentia Ca 92870

**Spring Finals ** May 11th, 2019

Esperanza High School 1830 N Kellogg Drive Anaheim, CA 92807

SPRING TOURNAMENT DETAILS: Styles:

Folkstyle & Freestyle and Greco (Kids, Middle School, Girls High School, Boys High School)

Registration:

Visit trackwrestling.com and search OCWA to register.

Weigh-ins/Check-ins:

Registered Athletes (Those who have **PRE-REGISTERED ON-LINE via** Trackwretling.com)

Kids Check-In: 7:00-8:00am High School Check-In 8:30-9:30am

Unregistered Athletes (Athletes who have **DID NOT** register **ON-LINE**) Weigh-ins are 7:00-8:00am at HIGH SCHOOL day of tournament for all divisions whom did not register on-line.

Please note, We highly discourage any weight cutting, we will spot check kids day of tournament, kids must be within 3 lbs of weight entered during pre-registration, if over weight Coach and Wrester will be pulled from tournament (no refund). 2nd offense Coach and wrestler will be suspended for season



Wrestling Start Time:

8:30am (Kids and Middle School) 10:00am (High School Girls) 10:30am (High School boys)

Weight Classes:

Pooled brackets, double elimination

Medals:

Top 3 per weight class

Divisions:

Kids (bracketed based on age) Schoolboy/Middle School High School Boys: F/S and Varsity **High School Girls**

Pre-Registration Trackwrestling.com:

Please note - must pre-register no later than 8pm night before.

\$15 for one weight, \$20 for two. (2nd weight must be in same style for \$5 offer)

Morning of registration in person:

\$25 for one weight, \$35 for two. (2nd weight must be in same style for \$10 offer)

Note: We will be using official referees at all tournaments.

*USA Cards will be required to wrestle. All wrestlers must show their card at each tournament.