



# WELCOME BULLDOG PARENTS!

## Nondiscrimination Statement

The Irvine Unified School District is committed to equal opportunity for all individuals in education. District programs and activities including membership in student clubs shall be free from discrimination based on race, color, ancestry, nationality, ethnic group identification, immigration status, age, religion, actual or potential parental, family, or marital status, or the exclusion of any person because of pregnancy or related conditions, physical or mental disability, sex, sexual orientation, gender, gender identity or expression, or genetic information; the perception of one or more of such characteristics; or association with a person or group with one or more of these actual or perceived characteristics.

The District does not discriminate in enrollment in or access to any of the activities and programs available. Admission to these programs is based on age appropriateness, class space, interest, aptitude, and prerequisite coursework where applicable. The lack of English skills shall not be a barrier to admission to or participation in the District's activities and programs. The Irvine Unified School District also does not discriminate in its hiring or employment practices.\*

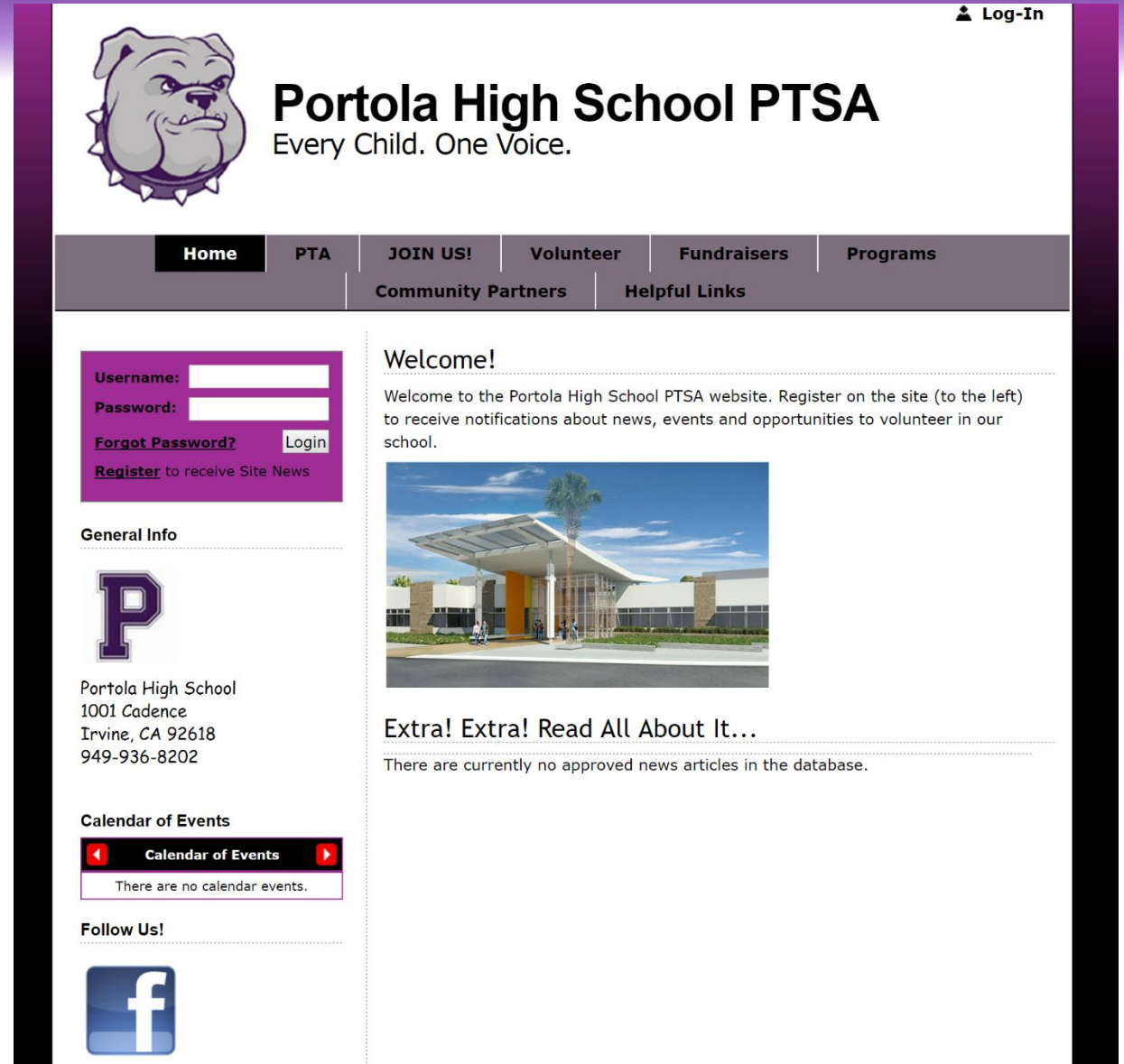
\*The full Nondiscrimination statement can be found at [iusd.org](http://iusd.org) and Board Policy 5145.5



# Become a PTSA Member

Details on how to get involved can be found on the PTSA Website

[PHS Homepage > PTSA](#)



The screenshot shows the Portola High School PTSA website. At the top right is a "Log-In" link. The header features a bulldog logo and the text "Portola High School PTSA" with the tagline "Every Child. One Voice." Below the header is a navigation menu with links for Home, PTA, JOIN US!, Volunteer, Fundraisers, Programs, Community Partners, and Helpful Links. The main content area is divided into two columns. The left column contains a login form with fields for Username and Password, a "Forgot Password?" link, a "Login" button, and a "Register" link with the text "to receive Site News". Below the login form is a "General Info" section with a large purple letter "P" logo and the school's address: "Portola High School, 1001 Cadence, Irvine, CA 92618, 949-936-8202". Underneath is a "Calendar of Events" section with a "Calendar of Events" header and a message: "There are no calendar events." At the bottom of the left column is a "Follow Us!" section with a Facebook logo. The right column contains a "Welcome!" message, a paragraph of text: "Welcome to the Portola High School PTSA website. Register on the site (to the left) to receive notifications about news, events and opportunities to volunteer in our school.", a photograph of the school building, and a section titled "Extra! Extra! Read All About It..." with the text: "There are currently no approved news articles in the database."

# Personal & Social Resources



## Mental Health Specialists

*Gabrielle Lautfy and Miguel Gomez*

Provide mental health support, crisis response services, and resource linkages to students and families



## Project Success

*Elyssa Aguilar*

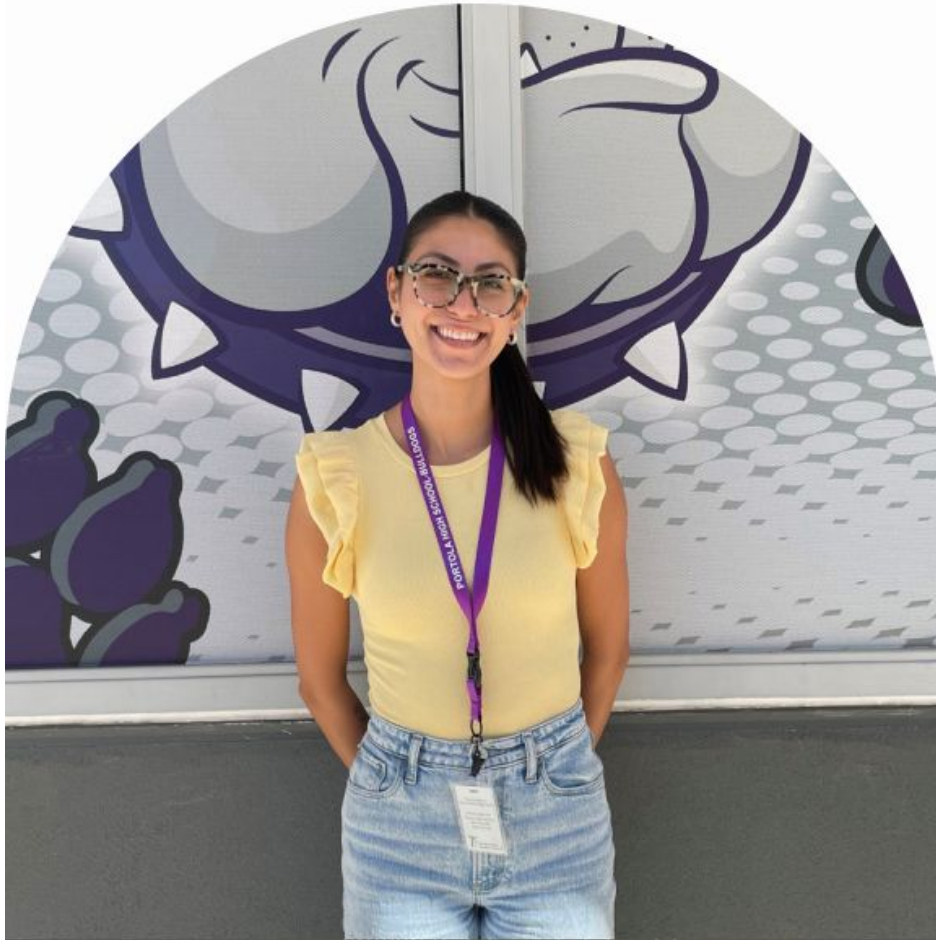
Provides small group counseling and individual support to build resiliency skills

# Ms. Aguilar



Project Success Specialist

Portola High School



## What is Project Success?

The goal of this program is to provide small group or individual student support focused on increasing student resiliency & development toward a healthy & safe lifestyle. Group activities are designed to improve students' self-esteem, healthy behaviors, attendance, organizational & social skills.

Groups are ran once a week for 6-8 sessions.



# Personal and Social Resources

- Irvine Family Counseling Center
- Private Referrals
- Parent Workshops
- Care Solace



**Contact us. We cannot help if we are not aware.**

What can you do if you have a concern about your student or another student?



How the

# SAY SOMETHING

Works

ANONYMOUS REPORTING SYSTEM

## STEP 1

SUBMIT AN ANONYMOUS TIP



**Call the tipline:**  
1-844-5-SAYNOW



**Use the Website:**  
[www.saysomething.net](http://www.saysomething.net)



**Use the Mobile App:**  
Available for Apple  
and Android devices

## STEP 2

ALL CALLS AND TIPS SENT TO 24/7  
MULTILINGUAL CRISIS CENTER

1

A Crisis counselor receives and reviews tip information

2

The tip is triaged and categorized as either Life Safety or Non-Life Safety

3

The tip is then sent to school officials and law enforcement (as needed) via text, email and phone call within seconds of being received

## STEP 3

SCHOOL OFFICIALS & LAW ENFORCEMENT  
INTERVENE AND HELP INDIVIDUAL(S)

1

School Officials and law enforcement (as needed) act immediately to investigate, assess and intervene on reported at-risk individuals

2

The at-risk individual receives the help he or she needs BEFORE they ever get to the point of hurting themselves or others

3

School officials report their outcomes into the SS-ARS platform and close out the tip ensuring accountability for every tip submitted



**MRS. GIBSON**  
A-Choe



**MRS. LEGRAND**  
Chof-Hu



**MS. EPRES**  
Hw-Lia



**MR. ITCHON**  
Lib-Park



**MRS. MARKOWITZ**  
Parl-Tam



**MRS. MURPHY**  
Tan-Z

# Pop Quiz

- Mark your answer to each Zoom poll question!
- Quiz questions will be answered afterwards throughout our Parent Information Session





# The Counselor's Role

**ACADEMIC PLANNING**

**COLLEGE/CAREER PLANNING**

Letters of recommendation, Standardized Testing Information

**PERSONAL/SOCIAL SUPPORT**

Confidentiality, Resource Referral

**PARENT PRESENTATIONS AND MEETINGS**

# Counselor Availability

***Counselors are available for students on a walk-in basis before/after school, during breaks, office hours, and lunch!***

**Counselors are also available via email!**



# Transition to High School

## Expectations are higher:

- Course material is more challenging and students have to work harder for A's.
- If students do not complete their homework and have low test scores, they will earn a D or an F (F receives no credit).
- If your student does not have homework for a few days... *SOMETHING IS WRONG.*
- Students are encouraged to take more initiative and more responsibility by prioritizing their commitments and asking for help



# **PAPER**

**PAPER Tutoring allows high school students to receive live tutoring, 24/7. PAPER can also help with essay writing support by reviewing essays in under 24 hours with feedback on how to improve your grammar, content, and structure, and is available for any subject.**

**Help is available  
in English,  
Spanish,  
Mandarin, and  
French**

**[app.paper.co](https://app.paper.co)**

# Peer Tutoring

***Peer to peer tutoring available  
in core academic classes!***

***Monday-Thursday from  
2:20PM-4:20PM***

**More info to  
come!**



# Attendance Matters!

**PHS ATTENDANCE LINE: (949) 936-8201**

State regulations require that all absences be cleared through the Attendance Office by parents or legal guardians ONLY. You may either call our Portola Attendance Line at 949-936-8201 on the day of the absence or send a note within 3 days of the absence. Our attendance line is available 24/7. All notes have to be written in ink and signed by parent or guardian. **We are unable to accept emails to excuse absences.**

# Advisement

Occurs on Wednesdays from 10:10-10:40 AM, students are with their same grade level peers and advisement teachers all four years. They go over various lessons and updates from Portola High School.

# Office Hours

Occurs on on Tuesdays from 10:10-10:40 AM and Thursdays and Fridays from 9:55-10:35 AM. Students will have the opportunity to report to their teachers' classrooms to receive extra help or make up quizzes/tests

# Learning Commons

**The Learning Commons is OPEN for independent work and to check out books on open periods, break, and lunch!**







# SCHOOL INFORMATION & RESOURCES

# Earning High School Credits

**How many credits will you get for passing a class for one semester?**



**What is the minimum grade needed to pass a class?**



# Earning High School Credits

**A learner taking 6 classes per year...**

**6 classes X  
5 credits per semester**



**2 semesters X  
30 credits per semester**



**60 credits X  
4 years**





# PORTOLA GRADUATION REQUIREMENTS

Learners must complete the following requirements with a "D-" or higher

**CREDITS**   **SUBJECT**

**40**

**ENGLISH**

**30**

**MATH**   *Including Math I and Math II*

**30**

**SCIENCE**   *3 courses, including bio and physical sciences*

**30**

**SOCIAL SCIENCE**   *World Hist, Amer Hist, Passion Civics*

**10**

**WORLD LANGUAGE OR VISUAL/PERFORMING ARTS**

**20**

**PHYSICAL EDUCATION**   *Sports counts towards credit*

**5**

**HEALTH**   *Complete via IUSD Summer School or during school year*

**60**

**GENERAL ELECTIVES**   *Any class beyond minimum grad requirements*

TOTAL CREDITS

**225**

# Official Transcripts

**The only grades that will count on your official transcript are your semester grades (January, June) and Summer School (if applicable)**

**All grades will appear on your transcript, even if you repeat for a better grade!**



# ***Does my child need to take a 7th or 8th class?***



- **NO!** Taking and passing 6 classes per year will allow your child to receive credits above and beyond what is needed to meet graduation requirements and 4-year college eligibility!
- Consider taking 7 or 8 classes only if the classes align with your child's genuine interests
- There are plenty of opportunities for your child to fulfill his/her visual/performing arts requirement his/her junior/senior year

# Academic Eligibility for a UC/CSU School

## Meet the A-G Requirements

*UC: GPA 3.0 or higher CSU: 2.0 or higher*





# A-G REQUIREMENTS



Learners must complete the following requirements with a "C-" or higher

## A. HISTORY

1 2

*1 year World History, 1 year US History OR  
1/2 year US History and 1/2 year Government*

## B. ENGLISH

1 2 3 4

*4 Years of College Prep English*

## C. MATH

1 2 3 4

*Math 1, 2, and 3 OR Algebra 1, Geometry, and Algebra 2*

## D. SCIENCE

1 2 3

*Provides fundamental knowledge in 2 of following:  
Biology, Chemistry, Physics*

## E. WORLD LANGUAGE

1 2 3

*2 years must be same language*

## F. VISUAL/PERFORMING ART

1

*Must be same course/discipline*

## G. COLLEGE PREP ELECTIVE

1

*Either "G" Elective or course in  
addition to required "A-F" course*



# Getting Connected

9th grade is an excellent time for learners to experiment with clubs, sports, and volunteer opportunities!

***Community service is NOT required for graduation.***



# Community Service Hours

- Learners who complete 25 community service hours will receive recognition of those hours on their transcript
- They must get signatures from the supervisors verifying how many hours they have completed and submit a physical copy of the Community Service Form (Form will be available soon!)
- A list of community service organizations in Orange County can also be found on our website!

**Deadline for submitting hours is May 21 at 3:00 PM**



# Clubs

Clubs List - General - (2022 - 2023) - Website Version : List

Club ID	Club Name	Category	Advisor	Social Links
	Academic Decathlon	Academic	Eric Graham	<a href="https://www.instagram.com/phsacadeca/?hl=en">https://www.instagram.com/phsacadeca/?hl=en</a>
	Action Book Club	Community Service	Taryn Sorrentino	<a href="https://www.instagram.com/portolabookclub/">https://www.instagram.com/portolabookclub/</a> , <a href="https://www.remind.com/join/phsbooks21">https://www.remind.com/join/phsbooks21</a>
	American Computer Scie	Academic	Mark T...	
	Animal and Environment:	Community Service		
	App Development	Academic		
	ASL for Beginners	Academic		
	Biology Olympiad Club	Academic		
	Bullet Journaling and Cal	Interests/Sports		
	Calisthenics Club	Interests/Sports		
	Chess Club	Interests/Sports		
	CHOC Club	Community Service		
	Code Champion	Community Service		
	Computational BioChem	Academic		
	Computational Linguistic:	Academic		
	Concerts 4 Charities	Cultural/VAPA	Adrian Rangel	<a href="https://www.instagram.com/con4char/">https://www.instagram.com/con4char/</a>

Full club list can be found on Portola ASB Site:

# phsasb.org

*Club Kickoff: Friday, Sept. 29 at Lunch*

# SAT/ACT Testing Update

**UC**

**UC will not consider SAT or ACT test scores when making admissions decisions or awarding scholarships.**

**CSU**

**Continue to temporarily suspend the ACT/SAT exam in determining admission eligibility**

**Many Private/out-of-state schools have adopted a test-optional policy with few still requiring the exam**

# Eligibility for Athletics, ASB, Pep Squad, Color Guard, Marching Band, Tech Staff and Drama

## 2.0 GPA

## Pass 4 classes

Students may use Probation for 1 quarter during their 4 years in high school

Winter Sports Eligibility  
**2.0 (1<sup>st</sup> Quarter)**

Spring Sports Eligibility  
**2.0 (at semester)**



# College & Career Center



## College & Career Coordinator

*Mrs. Monica Yang*

College Admission Information

Standardized Testing

College Visits

Scholarship Information

## ROP Career Specialist

*Ms. Sharon Kim*

After School ROP Class Registration

Career Technical Education (CTE) Pathways

Work Permits



**COASTLINE**  
REGIONAL OCCUPATIONAL PROGRAM  
*Innovate • Educate • Inspire*

# Take an ROP Class!

ROP classes are career technical education (CTE) classes that your child can take either at Portola or after school within IUSD and surrounding school districts

## BENEFITS

- Earn grades and credits towards high school graduation
- Gain experience required for immediate employment
- Participate in courses that offer internships if they are at least 16 years of age
- Experience careers that may assist in choosing college majors and enhance college admission applications
- Earn Industry Certification
- Meet UC/CSU Admissions Requirements

# Courses offered AFTER SCHOOL

**Administration of Justice**

**Animal Health Care Internship**

**Baking and Pastry Fundamentals**

**Broadcast News**

**Crime Scene Investigation**

**Culinary Arts Internship**

**Dental Assistant Front Office**

**Emergency Medical Responder**

**Emergency Medical Technician**

**Fire Science 101**

**Food Services Cooperative**

**Medical Nursing Careers Internship**

**Sports Medicine**

**Engineering Innovations**

**Manufacturing Engineering**





# FREQUENTLY ASKED QUESTIONS





# FAQ #1: How is my child doing in his/her classes?

## Report Cards

- Posted on ***Parent Portal*** 4 times a year (Quarter & Semester Grades)

## Progress Reports

- Posted on ***Parent Portal*** 4 times a year for students earning a C- or lower

***Dates for 1<sup>st</sup> semester are online***



## FAQ #2: What if my child is doing poorly in class?

- **Communicate with your student to discover the root of the problem (e.g., study habits, motivation, deficits)**
- **If additional academic help is needed, encourage your student to utilize PHS Academic Support Resources**
  - *Report to teachers' classrooms for Office Hours*
  - *Paper.co 24/7 online tutoring (links found in Google Classroom)*
- **Contact the teacher directly (email)**
- **If problems persist and/or personal social problems exist, contact the counselor and utilize personal and social resources**



# FAQ #3: Does 9<sup>th</sup> grade count?

## **Yes! Colleges Evaluate:**

**Grades in all academic courses**

**Courses taken and level of difficulty**

**Participation in activities**

*sports, student government, music, drama, community  
service and part-time jobs*

**Recommendations by counselors and teachers**

**Writing skills (personal statement)**

**Talent**



# FAQ #4: How can we help our students succeed at PHS?

## **E.M.P.O.W.E.R. them!!!**

**E** stablish expectations

**M** onitor how they spend their time

**P** romote balance and core values

**O** ffer support

**W** iden horizons

**E** ncourage exploration

**R** einforce responsibility and independence



# GETTING INFORMED & INVOLVED



# Attend Parent Info Meetings



Counselors host parent info meetings for each grade level, so mark your calendars to attend our info sessions each year to receive timely information regarding your student

# Online Resources

PHS Website:

[\*portolahigh.iusd.org\*](http://portolahigh.iusd.org)

Parent Portal:

[\*my.iusd.org\*](http://my.iusd.org)

Canvas

Naviance

Counseling Website

Google Classroom



# Google Classroom

Receive up-to-date  
announcements and  
information from the  
Counseling Team, ASB, and  
Portola Pilot on  
Google Classroom!

**CODE: kxvkwbb**

**Never miss an update!**  
Download Google  
Classroom on your phone  
and turn on notifications





# STAY CONNECTED!

@portolacounseling



Instagram



facebook

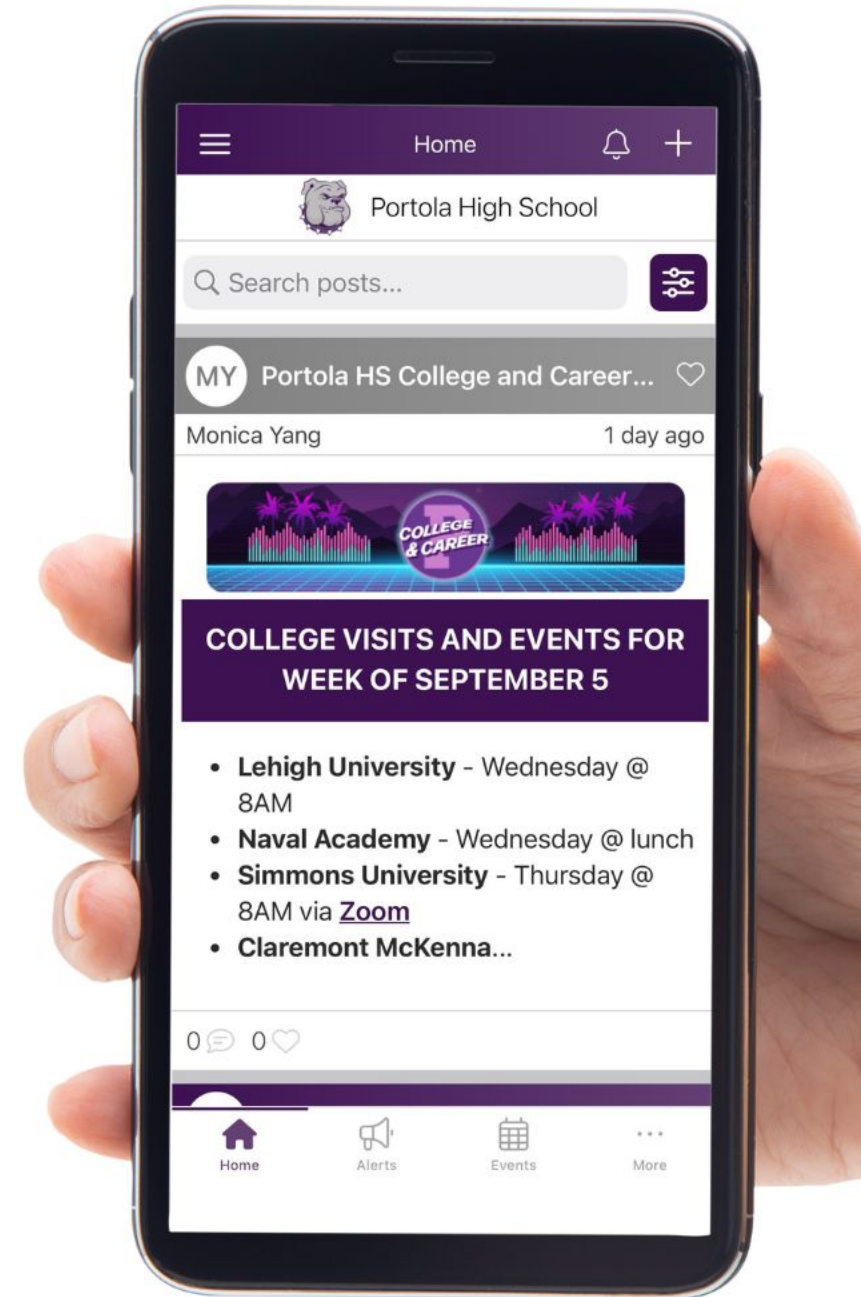




# ParentSquare

**Receive all communications from Portola High and the Portola Counseling Team in one place!**

*Scan QR codes below to download the app now!*



# Please contact us with any questions you have!

## CONTACT INFORMATION

MRS. GIBSON	Counselor (A-Choe)	<a href="mailto:melissagibson@iusd.org">melissagibson@iusd.org</a>	(949)936-8227
MRS. LEGRAND	Counselor (Chof-Hu)	<a href="mailto:rachellegrand@iusd.org">rachellegrand@iusd.org</a>	(949)936-8224
MS. EPRES	Counselor (Hw-Lia )	<a href="mailto:nicoleepres@iusd.org">nicoleepres@iusd.org</a>	(949)936-8225
MR. ITCHON	Counselor (Lib-Park)	<a href="mailto:ryanitchon@iusd.org">ryanitchon@iusd.org</a>	(949)936-8226
MRS. MARKOWITZ	Counselor (Parl-Tam)	<a href="mailto:sharimarkowitz@iusd.org">sharimarkowitz@iusd.org</a>	(949)936-8228
MRS. MURPHY	Counselor (Tan-Z)	<a href="mailto:jamiemurphy@iusd.org">jamiemurphy@iusd.org</a>	(949)936-8229